

Hi there, I'm Tap Man!

I hope you enjoy this activity book.

Inside you'll find fun puzzles and cool facts about water. You'll also get to meet the **Choose Tap** gang and their friends. I'll be introducing each one of them along the way.

See you at the park!



COLOUR ME!



QUIZ PUZZLE!

- 1 What percentage of our bodies is made up of water?

- 2 To help keep our bodies hydrated we should try to drink how much per day?

- 3 What natural chemical is added to our drinking water to help keep our teeth from decaying?

- 4 Does dehydration make your wee lighter or darker?

- 5 What percentage of our brains is made up of water?

Find the correct answers at: www.midcoastwater.com.au/choosetap



COOL WATER FACT!

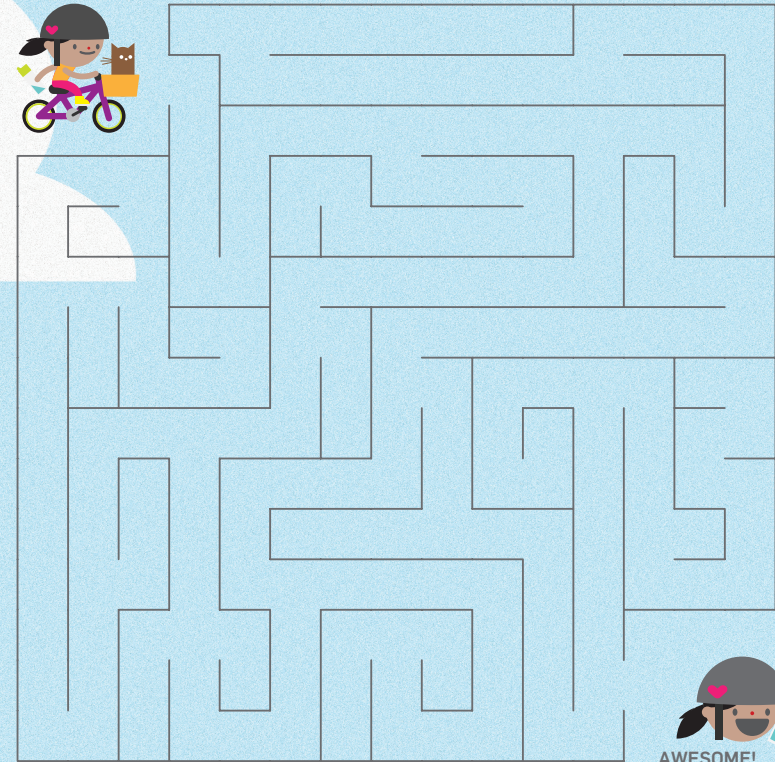
The girl in red is Cassie! She loves rain and is always wearing her gumboots and carrying an umbrella. She loves to talk about the natural water cycle, the benefits of rain and protecting water catchments. **Did you know that all our drinking water comes from natural catchments, via groundwater and streams?**

Tap Man is getting wet. He doesn't mind though.



A healthy person will generally lose about a litre of water through sweat during an hour of moderate to vigorous exercise, so it's especially important to stay hydrated during exercise.
Help Ebbie get to the drink bottle tap to rehydrate!

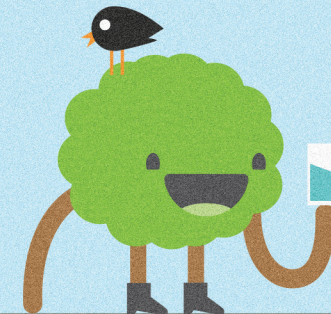
MAZE PUZZLE!



Find the correct answers at: www.midcoastwater.com.au/choosetap



Help Ebbie get to the drink bottle tap to refill her bottle by solving the Maze!



Ti-Tree loves water. We'll talk about him later. Nice boots, Ti-Tree...

BE
SMART
CHOOSE
TAP



CLUE LESS CROSS WORD

This is Oswald!

Our king of the half-pipe is also fascinated by pipes everywhere. He loves to talk about the infrastructure hidden underground and how it works.



4 LETTERS

Skin

5 LETTERS

Tears
Lungs
Sweat
Water
Brain
Blood

6 LETTERS

Darker
Kidney
Saliva

7 LETTERS

Bladder

8 LETTERS

Fluoride

9 LETTERS

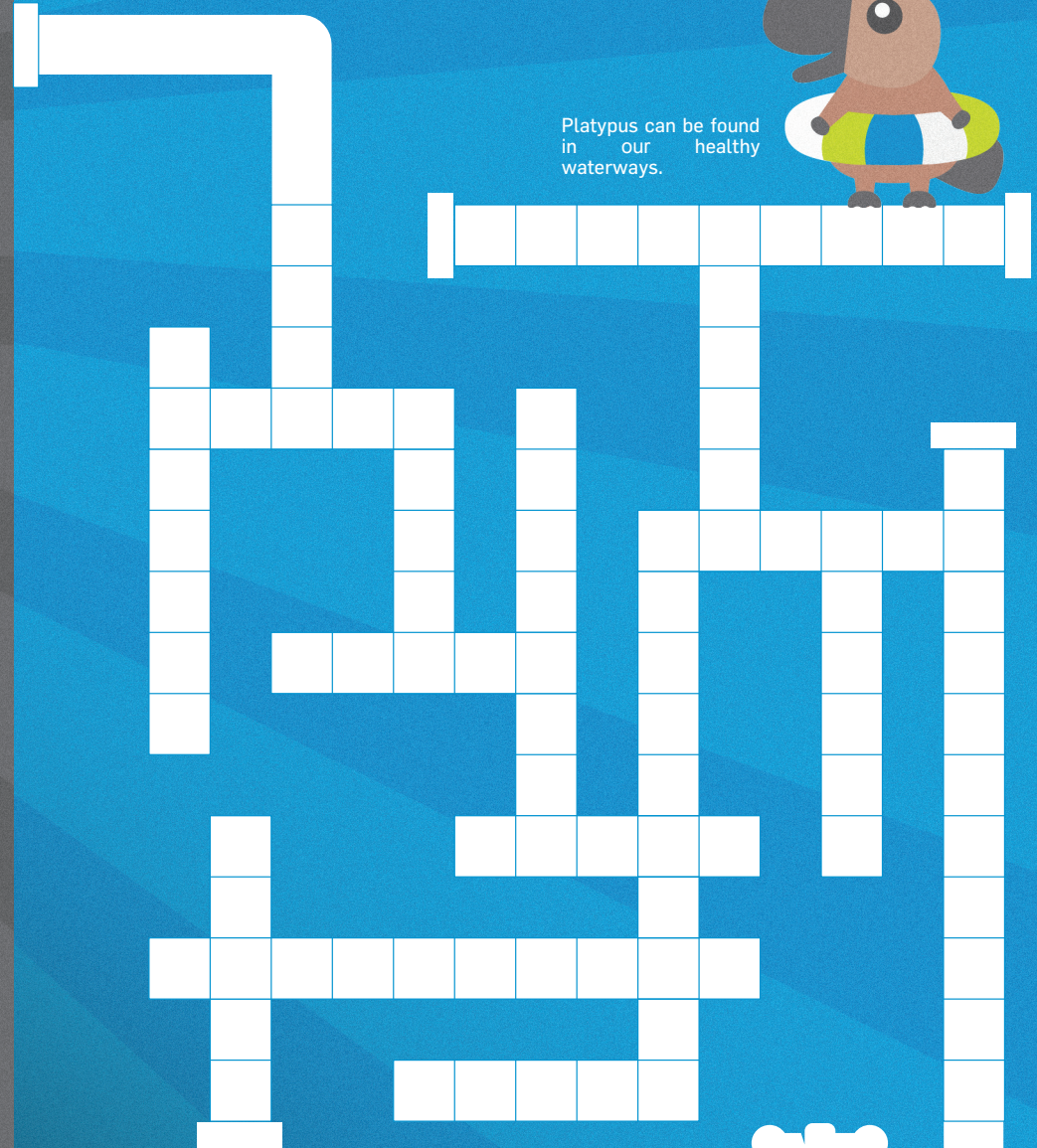
Choosetap

10 LETTERS

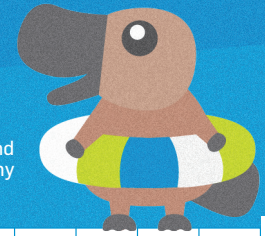
Catchments
Dehydrated

11 LETTERS

Drinkbottle



Platypus can be found in our healthy waterways.



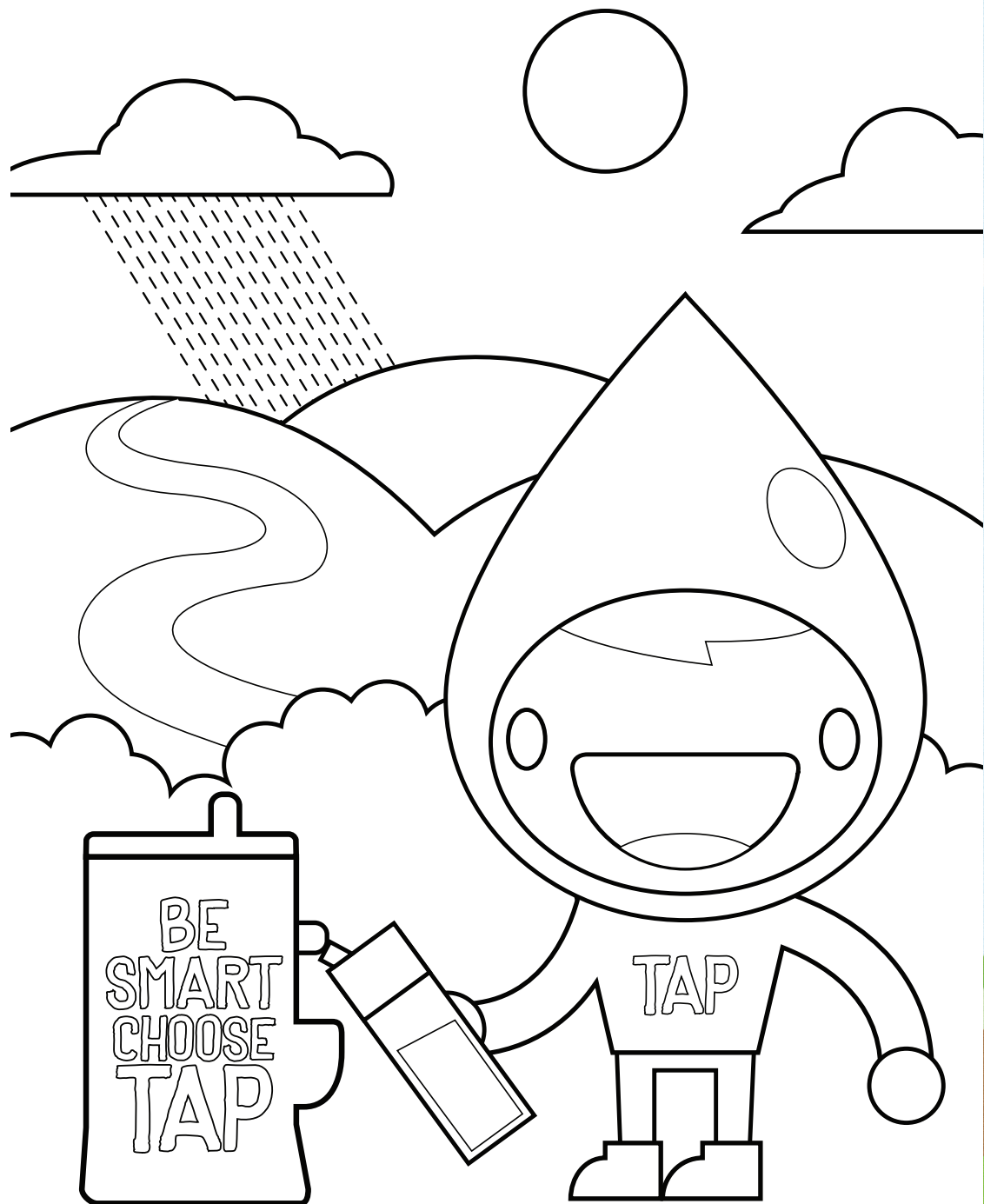
Need to top up?
Find a drink bottle tap or dog bowl using the Choose Tap app!

COOL WATER FACT!



Find the correct answers at:
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COLOUR ME!



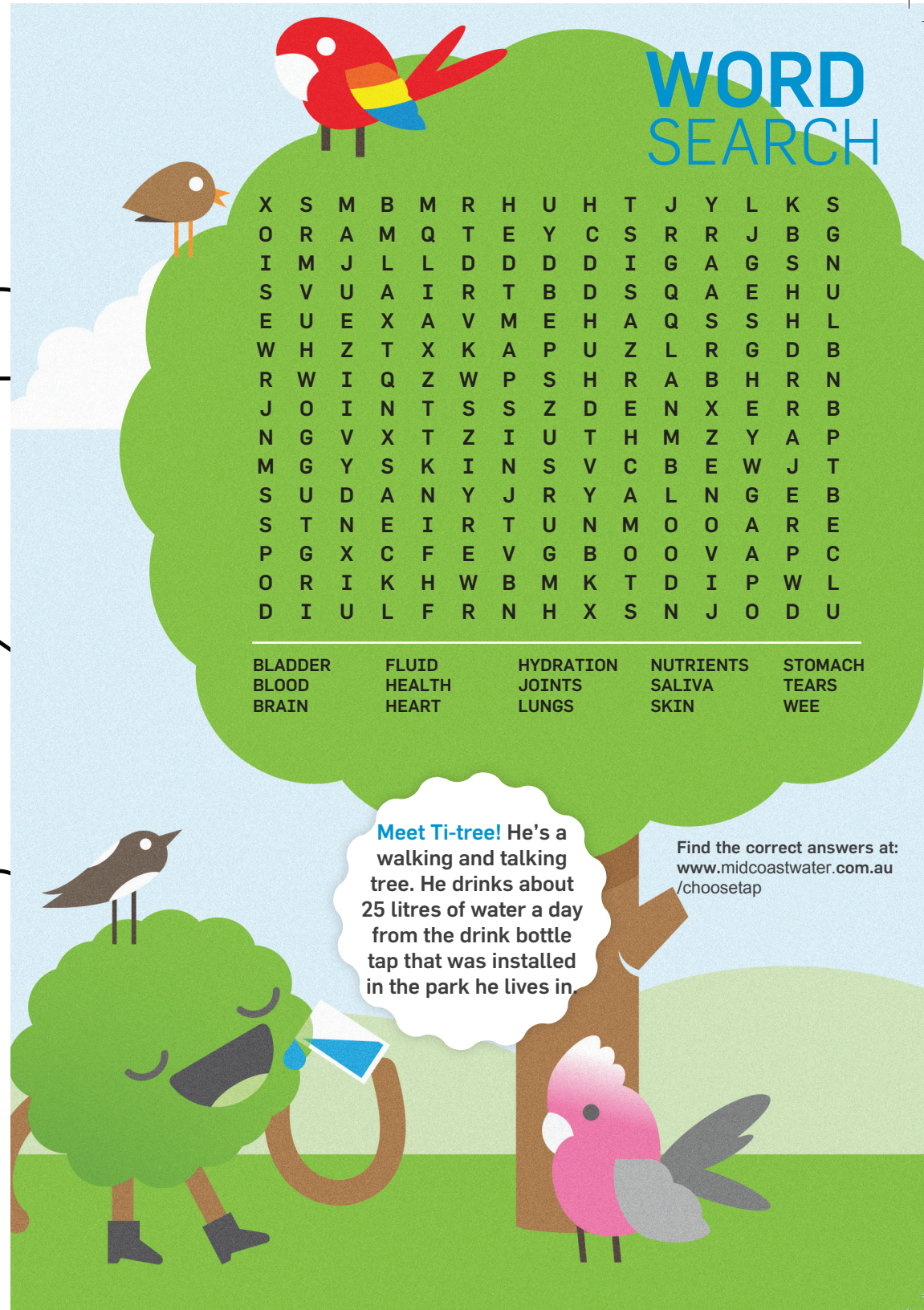
WORD SEARCH

X S M B M R H U H T J Y L K S
 O R A M Q T E Y C S R R J B G
 I M J L L D D D D I G A G S N
 S V U A I R T B D S Q A E H U
 E U E X A V M E H A Q S S H L
 W H Z T X K A P U Z L R G D B
 R W I Q Z W P S H R A B H R N
 J O I N T S S Z D E N X E R B
 N G V X T Z I U T H M Z Y A P
 M G Y S K I N S V C B E W J T
 S U D A N Y J R Y A L N G E B
 S T N E I R T U N M O O A R E
 P G X C F E V G B O O V A P C
 O R I K H W B M K T D I P W L
 D I U L F R N H X S N J O D U

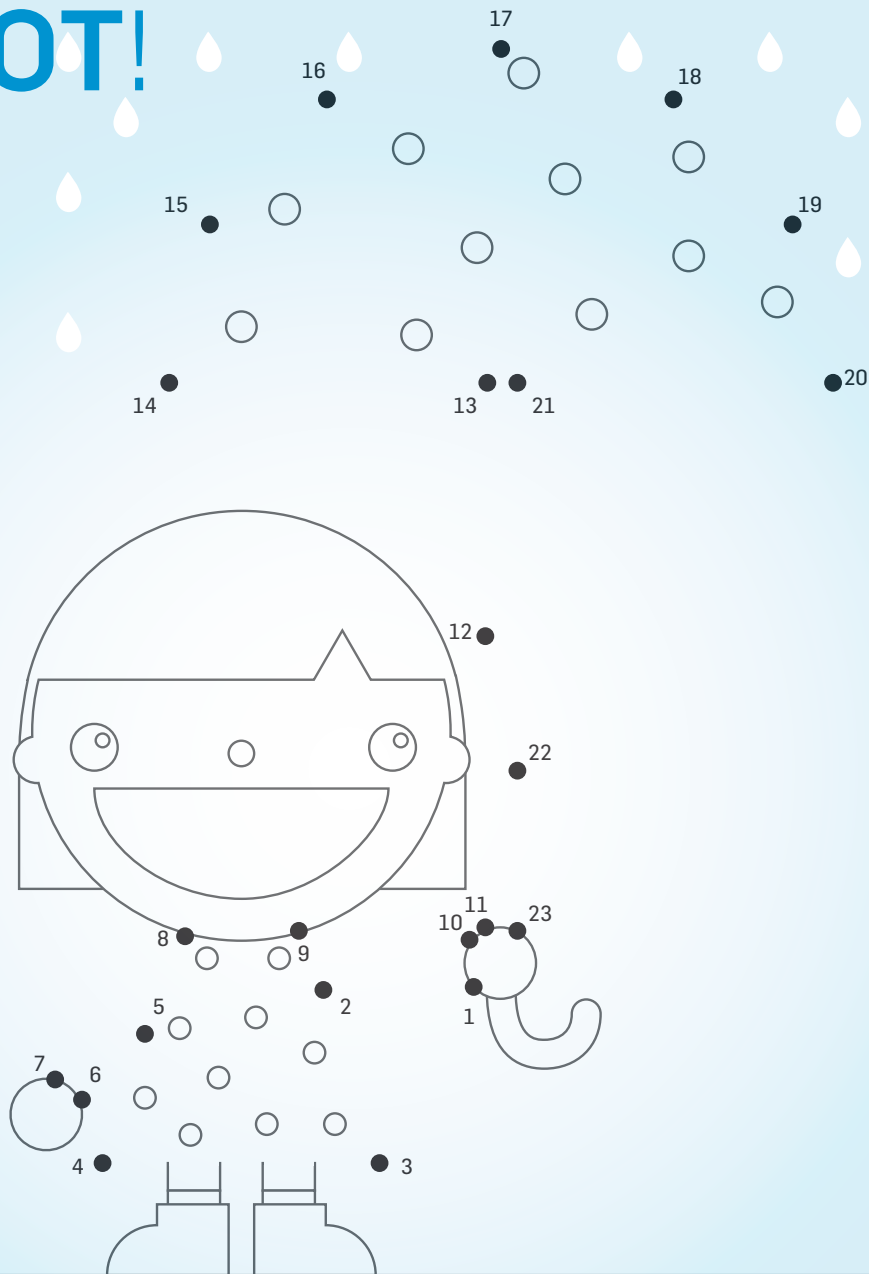
- BLADDER
- BLOOD
- BRAIN
- FLUID
- HEALTH
- HEART
- HYDRATION
- JOINTS
- LUNGS
- NUTRIENTS
- SALIVA
- SKIN
- STOMACH
- TEARS
- WEE

Meet Ti-tree! He's a walking and talking tree. He drinks about 25 litres of water a day from the drink bottle tap that was installed in the park he lives in.

Find the correct answers at: www.midcoastwater.com.au/choosetap



DOT TO DOT!



Cut along the dotted line for your very own **Choose Tap** bookmark!



Did you know that you can now find a water tap wherever you are? With over 1,500 locations, you can find tap water when you need it.

You can even find taps with dog bowls for your dog!

THIS IS
PRETTY
AWESOME!

