



MIDCOAST
council

THINK AT THE SINK



Use a sink strainer



Bin it, don't sink it



Scrape before you wash



No fats and oils



No coffee grinds



No fruit stickers



No food waste

AVOID EXPENSIVE PLUMBING BILLS

Take a minute to think at the sink - any of the RED items above can block your pipes.
Bin all these items, scrape your plate and use a sink strainer to catch solids.